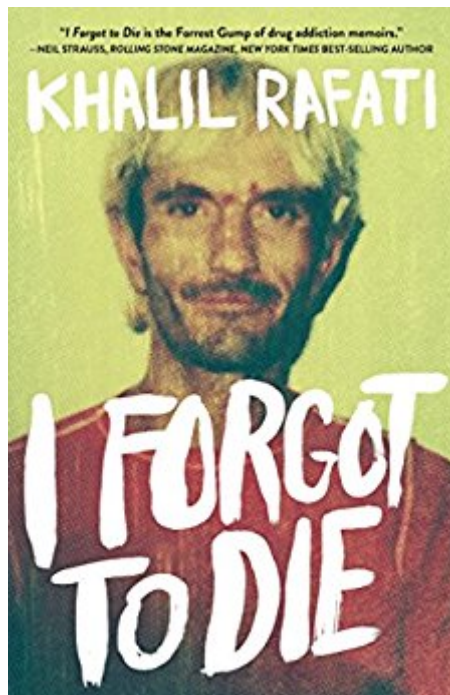


The book was found

I Forgot To Die



Synopsis

“The first bullet punched a hole in the door. The shot was deafening and a beam of light poured into the bathroom. Then they fired again.” Khalil Rafati went to Los Angeles in the 1990s and had it all. He was working with Hollywood movie stars and legendary rock musicians, but it wasn’t long before he found his way into the dark underbelly of the City of Angels. When he hit rock bottom — addicted to heroin and cocaine, overtaken by paranoia and psychosis, written off by his friends and family — he grabbed a shovel and kept digging. At 33, Khalil was 109 pounds, a convicted felon, high school dropout, and homeless junkie living on the infamous Skid Row in downtown L.A. So how does someone with nothing, who feels like they deserve nothing, and who just wants to end it all turn their life around? *I Forgot to Die* is an incredible true story of pain, suffering, addiction and redemption — and how one man ultimately conquered his demons and wrote himself a new life story.

Book Information

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Biographies & Memoirs > Memoirs

Customer Reviews

I first heard about Khalil’s inspirational story on the Rich Roll podcast and I was compelled to learn

more about his story because he emanates an incredible peace and calm. In particular, I was moved by his ability to forgive the people in his childhood who had caused the traumas which ended up pushing him toward a reckless life of drug addiction. His acceptance/surrender of his past allowed me to start moving toward my own journey of forgiveness and self-acceptance. His book can be deeply healing for anyone because its underlying themes of unmet childhood needs, trauma, self-acceptance, redemption, friendship and finding significance are universal. The fact his life is particularly fascinating being under the employ of multiple celebrities, the depths of drug addiction and finding a life of purpose, service and love. Without spoiling the book, the amount of serendipity in this story is incredible and beautiful, and redemptive.

This is a heartbreaking yet inspiring life story of a boy so broken you will cry for him. I am so happy you forgot to die and live in to share your story and your life with us. Thank you Kahlil xo

I heard about Khalil's journey on a podcast I listen to. I was unfamiliar with his story, but inspired to read his book of personal triumph over the darkness. While I haven't struggled with hard drugs, there were many similarities in thought process, points of weakness, the intense struggle with depression, and amazing moments of clarity that gave me my own "ah ha" moments. It opened my eyes that my own version of what I thought my "story" was might be exactly what holds me back from truly walking through the threshold of acceptance, and finally allowing myself to live in pure happiness and fulfillment. This book was inspiring to say the least.

Any addict will relate. Any human will empathize. Every heart will love. Amazing story of tragic youth followed by ill spent yrs of drug use. Only to be resurrected into a beautiful tribute of the human spirit of giving!!

I listened to the audiobook and I loved the fact that the author narrated the book himself. He told his story in an interesting and captivating manner. I have been to many of the places he tells about and the descriptions he uses are so accurate they sent chills down my spine. I thank God that the author "Forgot to Die" because his story is so much more than inspiring.

I met Khalil in his first year of sobriety. He was truly a broken man. Day by day he trudged that road to becoming whole. What a gift to watch someone literally transform before my eyes. I am so amazed by what he has accomplished. This book deeply disturbed and moved me. I read it in 2

evenings. I could not put it down and that has not happened to me in years! I did not want it to end. Parts of the book keep running through my thoughts. The most important thing I took from this is that ANYONE can change his or her life if willing to do the work! Khalil is a shining example of this. I am inspired and grateful for the reminder.. Awesome book!

Gritty, raw and brutal, the author tells his story about drug addiction and the depths he sank to just to get his high. His descriptions are very realistic and at times, I really felt sorry for him. This story has a happy ending. I am glad that he brought himself back up from the lowest of the low, found happiness, and is now a successful entrepreneur. May you continue to enjoy life!

Kudos to Khalil for writing such a heartfelt and humorous look at his own life. He has mastered the art of self-examination and by being so open and honest on the subject of his addiction, he allows us to take a look at ourselves with compassion as well. Even in the deepest darkest hours of Khalil's journey into the shadow side, one can feel the presence of an awesome grace that continues to prevail in his life today. This book smacks of transformation and redemption, suggesting the straight and narrow as a pathway to joy and freedom.

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